

outlook and bring the workers of one country into closer sympathy with those of others.

English travellers in Switzerland need not follow the custom of their countrywomen by halting at the much frequented and expensive towns, but join a party on the outward journey to get the reduced fares, and then wander into the by-ways where the peasant will be found to be very helpful, and at most of the railway stations a good meal can be obtained for one franc. The meal for one and a-half francs, comprises soup, two meats, and four vegetables. Most English people choose a meal at three francs, when that at one amply suffices and gives a better opportunity of seeing the ways and customs of the country.

CLARA LEE.

Some Favourite Preparations.

LEMCO.

Just at the present time when the appetites, even of the robust, are jaded and require some coaxing, some new and inviting recipes for dinner and luncheon dishes are specially welcome. These are to be found in a booklet, issued by Lemco (Liebig's Extract of Meat Co.), 4, Lloyd's Avenue, London, E.C. We heartily commend this booklet to the notice of our readers, who should note that the Company will be pleased to forward a copy to anyone who applies for it, mentioning the name of this paper.

BENGER'S FOOD.

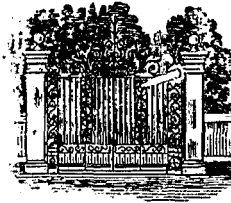
A preparation which is a great favourite with nurses, is Benger's Food, whether for infants, in those cases where their natural food is not available, invalids, or the aged. Much, however, depends upon its careful preparation, and an attractive little booklet published by Benger's Food, Limited, is very welcome. In its cover of Wedgwood blue, with white medallion and decorations, and with its clear type, and admirable illustrations, it is an admirable example of printing art. A perusal of its pages will be well repaid. We find, therein, a full description of the Food which explains its composition and why it is easy of digestion, as well as nourishing, rendering it a valuable aid in cases of enfeebled or impaired digestion, whether temporary or permanent. The booklet contains a "Concise Guide to the Rearing of Infants," instructions for the preparation of food, and other valuable information. Messrs. Benger's Food, Ltd., Manchester, will send a copy of their useful booklet post free on receipt of a post card, containing a request for the same.

COMPO.

If any of our readers are at present unacquainted with "Compo," we should advise them to obtain this admirable preparation, supplied by Messrs. Henry Shaw & Co. of Dunkinfield, Manchester, and obtainable through any grocer, stores, etc. It is an ideal cleanser for floors, paint, glass and china, as well as clothes; and every housewife should be acquainted with its many virtues.

Outside the Gates.

WOMEN



Mr. J. R. Macdonald, M.P. (Leicester), asked the Under Secretary for the Colonies in the House of Commons last week: "How far the establishment of the Second Chamber of the Transvaal Parliament, the basis of the franchise, the exclusion of natives, and the enfranchisement of women were fixed by the Letters Patent, and how far they might be the subject of Bills which might be immediately introduced by the Transvaal Parliament?" Mr. Winston Churchill replied that "As to the Constitution of the Transvaal he should not dispute the right of any Colony to introduce any change of franchise, distribution of seats, or constitution of the legislature subject to the assent of the Crown." Let us hope that a Bill for the enfranchisement of women may be speedily introduced.

Mrs. Chapman Catt, President of the International Women's Suffrage Alliance, has been received by the Queen of Denmark, who granted her an audience which lasted an hour. Mrs. Catt was impressed by the broad views of the Queen, and the profound interest exhibited by her Majesty in woman's political and social welfare. The Congress of the Alliance which is taking place in Copenhagen this week is arousing much interest.

On the ground that except where women are expressly excluded the articles of the statute which define political rights and duties are applicable to both sexes the Appeal Court of Ancona has decided that according to the Italian Constitution women are equally entitled to vote with men in political elections. The decision was given in consequence of an appeal by ten schoolmistresses whose claim to political suffrage had been disallowed by the King's Procurator. The Ancona Court held that any doubt as to the intention of the Legislature must be solved in favour of liberty. On the other hand the Court of Appeal at Florence to which schoolmistresses in the Province of Grosseto appealed, has just decided that the law implicitly excludes women from the right to vote for Members of Parliament. So we have the anomaly that women may legally vote for a deputy at Ancona, while they may not do so at Grosseto. The King's Procurator will now have recourse to the Supreme Tribunal.

Miss Ethel Hurlbatt, Principal of Bedford College for Women, has been offered and has accepted an appointment as Warden of the Royal Victoria College, McGill University, Montreal, and will leave England at the end of the year. The Council of Bedford College will shortly appoint her successor, who it is hoped will come into residence at the beginning of the Lent term.

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